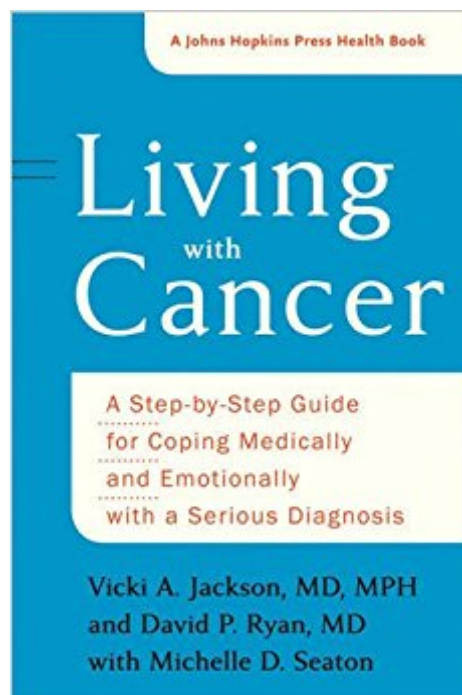


The book was found

Living With Cancer: A Step-by-Step Guide For Coping Medically And Emotionally With A Serious Diagnosis (A Johns Hopkins Press Health Book)



Synopsis

The prospect of entering treatment is overwhelming for anyone facing a diagnosis of cancer. While patients have access to a vast amount of medical information online, this advice is often unreliable or confusing. In *Living with Cancer*, Drs. Vicki A. Jackson and David P. Ryan have crafted the first step-by-step guide aimed at helping people with this life-defining disease grasp what's happening to them while coping physically and emotionally with cancer treatment. An empathetic resource full of relatable patient stories, this book teaches patients and caregivers how to ask the right questions to get the best possible care—beginning at the moment of diagnosis. Drs. Jackson and Ryan explain how to work with a team of doctors and nurse practitioners to minimize symptoms and side effects while living as fully as possible in the face of cancer. They relay important information about understanding prognosis, and they translate what doctors mean when they describe tests, treatments, and medical procedures. Finally, they discuss hospice care and answer questions about continuing treatment and managing the final phase of life. Based on new research and a groundbreaking program in which patients are treated with palliative care—along with the best cancer care—during the course of their illness, this honest and caring book provides the right advice to use at the right time throughout a journey with cancer. It allows a person with cancer to concentrate on living the best life possible, despite an uncertain future. Patients at every stage will find *Living with Cancer* a comprehensive, thoughtful, and accessible guide for navigating the illness and its treatment.

Book Information

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Customer Reviews

"An unusually comforting and genuinely useful resource." (Booklist)"For anyone who has been diagnosed with cancer, or for those who have friends of family facing this illness, this guide will be an extremely invaluable resource. Patients at any stage of the disease will find rich, useful information that can help them cope more effectively with their illness." (Foreword Reviews)"Ryan and Jackson offer patients and their families useful step-by-step advice. It comes at a time of unusual excitement in the field, thanks to new treatments that hold the promise of making long, full lives with cancer far more common." (Boston Globe Magazine)"Living with Cancer is comprehensive, straightforward, and just plain wise. From the practical details of diagnosis and treatment to the deep meaning of hope, it offers answers to the questions that people facing cancer have and guidance for how to live--truly live--with this disease. If you have cancer, or love someone who does, read this." (Atul Gawande, MD, MPH, author of *Being Mortal: Medicine and What Matters in the End*)"This essential guide serves as a medical GPS, helping cancer patients understand what just happened, where they are now, and their options about where they are going." (Diane E. Meier, MD, Director of the Center to Advance Palliative Care)"From the practical details of diagnosis and treatment to the deep meaning of hope, this book is filled with all the questions most people facing cancer have and the answers needed to live as well as possible. Everyone facing cancer and everyone who loves them should read this book." (Michael W. Rabow, Director of Symptom Management Service, Helen Diller Family Comprehensive Cancer Center)"Readable right from the start, this great book's joint approach of palliative care and oncology fits with the American Society of Clinical Oncology's new guidelines: within the first 8 weeks, every seriously ill cancer patient should be seen by an interdisciplinary palliative care team along with their oncologist." (Thomas J. Smith, MD, Director of Palliative Medicine, Johns Hopkins Medicine)"A spectacular guide for anyone facing a cancer diagnosis." (Vinayak K. Prasad, MD, MPH, Oregon Health and Science University, coauthor of *Ending Medical Reversal: Improving Outcomes, Saving Lives*)"A unique and greatly needed book. Written by experts in the fields who are used to working together as a team, *Living with Cancer* covers the breadth and depth of cancer care for patients and families. Authoritative yet easy to understand, it combines best evidence with patient examples in a cohesive way that feels like a conversation with a very skilled, experienced, and compassionate doctor." (Anna Roshal, MD, Washington University School of Medicine)"An excellent book which describes the optimal integration of general oncology and palliative care for anyone living with cancer across the cancer continuum." (Kenneth D. Miller, MD, The Alvin & Lois Lapidus Cancer Institute, Sinai Hospital, author of *Choices in Breast Cancer Treatment: Medical Specialists and Cancer Survivors Tell You*)

What You Need to Know)

Vicki A. Jackson, MD, MPH, is the chief of palliative care at Massachusetts General Hospital. David P. Ryan, MD, is the chief of hematology/oncology at Massachusetts General Hospital. Michelle D. Seaton is the coauthor of *The Way of Boys: Raising Healthy Boys in a Challenging and Complex World* and *The Cardiac Recovery Handbook: The Complete Guide to Life after Heart Attack or Heart Surgery*.

This is by far the first book on cancer that I have read that helps from the beginning to the end. It guides you to understand the human side along with the need for support from your team while fighting this disease. It takes into account both sides from the patient/family to the medical team that is by your side throughout the fight. I will buy this for others who are diagnosed. It really is a Step-by-Step Guide.

Excellent guide for anyone touched by cancer, whether you are patient, caregiver, friend, loved one. The emphasis is on living. *Living with Cancer* takes complicated medical processes and explains them in understandable language, a must read!

Very helpful

Awesome book for the newly diagnosed

This is the book my husband and I needed when I was first diagnosed! Not only does it help to ensure you are asking the right questions and receiving the best care that science can offer, it also teaches you how to navigate through the shock and overload of information that comes immediately after diagnosis. Through stories, you learn the fears and anxieties that many of Dr Ryan and Dr Jackson's patients have faced and the strategies they have used to cope. I was especially encouraged to read their belief that each patient is unique, regardless of statistics, from two of the top experts in the field of cancer care. I highly recommend this book for patients or anyone you love that is "living with cancer."

There is no other book like this, and it is excellent. It felt like I was reading a "behind the scenes" guide to the cancer journey, as it offered a truly unique lens on a topic that has been so vastly

covered. I found it to be particularly helpful in understanding the many different emotions, choices and perspectives that come with a cancer diagnosis--and not just for the patient, but for all those around him or her, including the caregivers. While nothing can take away the pain that comes with the cancer journey, it brings me some peace to better understand it, and even more so to know there are compassionate and expert caregivers like David Ryan and Vicki Jackson who are living with cancer, with us. Well done.

Even after 22 months of pancreatic cancer treatment, this book provides thoughtful insights and broad perspectives on the challenges and hopes for living with cancer. I strongly recommend this book. It is easy to read, compassionate, honest and written with integrity. It is a helpful guide for patients, caregivers, and family members to better understand the overwhelming challenges of this disease.

I picked this up at the library two days ago for my husband who was diagnosed with glioblastoma over a year ago. He hasn't put it down since. He says it is EXACTLY what he has been needing to help him understand the physical and emotional rollercoaster of symptoms and side effects. This morning he told me that he wants his own copy, so I just placed my order!

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